

Client Information Sheet-- Teen

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email address: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Parents' or guardians' names: \_\_\_\_\_

Parent's phone number: \_\_\_\_\_

How did you hear of us? \_\_\_\_\_

Do you attend church? Yes/No If so, where? \_\_\_\_\_

Have you had any previous counseling? Yes/No

If so, when and where? \_\_\_\_\_

Was it helpful? Yes/No Why or why not? \_\_\_\_\_

Please briefly describe what has caused you to seek counseling today. If it is not your choice to come to counseling, whose idea was it and why?

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Please describe what you hope to come from counseling. In other words, if counseling "works," how will you know?

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In your own words, please tell me about your relationship with God. In other words, Who is God to you and how is God a source of support for you?

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What do you like to do for fun? \_\_\_\_\_

Please put a check beside any of the items below that describe problems you are now facing:

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|--|--|
| <input type="checkbox"/> Depression                                      | <input type="checkbox"/> Substance abuse       |
| <input type="checkbox"/> Anxiety/worry                                   | <input type="checkbox"/> Anger                 |
| <input type="checkbox"/> Change in grades                                | <input type="checkbox"/> Problems with parents |
| <input type="checkbox"/> Problems at school                              | <input type="checkbox"/> Problems with friends |
| <input type="checkbox"/> Physical problems/illness                       | <input type="checkbox"/> Eating Disorder       |
| <input type="checkbox"/> Spiritual crisis                                | <input type="checkbox"/> Guilt                 |
| <input type="checkbox"/> Thoughts of Suicide                             | <input type="checkbox"/> Loss                  |
| <input type="checkbox"/> Past abuse—physical, sexual, or emotional       |  |
| <input type="checkbox"/> Current abuse--- physical, sexual, or emotional |  |

Are you on any psychiatric medications? Yes/No    If so, please list:

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Is there anything else you would like for me to know before we begin?

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